



## Personal Care

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**Children and their families should not be excluded, or treated less favourably, because they have personal care needs – for example wearing nappies, having occasional “accidents” or needing ongoing support with personal care. We will work to ensure that every child and young person can easily access play experiences in our Nursery.**

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We believe that children are entitled to have personal care needs met by people they know and trust and their dignity and privacy is very important to us.

We believe that parents/carers are entitled to:

- Be consulted about their child’s personal care, to ensure that it is sensitive to the family’s culture, and matched to the child’s needs.
- The assurance that their child will, whenever possible, only receive personal care from people who know her/him well.
- Support in managing “toilet training”.

We believe that staff are entitled to guidance or training to enable them to:

- Listen to children’s preferences regarding personal care, and respect their rights to privacy and dignity.
- Meet children’s individual needs.
- Protect children and themselves from infection or inappropriate handling.
- Feel informed and confident about their responsibilities for personal care with regard to current guidance and legislation.

The Management Committee is responsible for ensuring that changing areas are appropriately adapted and equipped.

The following procedures will apply to changing a child’s nappy:

- Parents will be asked to sign for permission for Nursery staff to change their child’s nappy or clothing when necessary, e.g. should they get wet or soiled.
- All staff permitted to change a child’s clothing or nappy will hold an enhanced DBS certificate.
- Staff will inform a colleague when leaving the room to change a child.

- All children will be changed in the washroom area.
- Single use disposable gloves and aprons will always be worn to change a nappy.
- The changing mat will be washed with antibacterial wipes after every use.
- Disposable nappies, gloves and aprons will be put in a sealed plastic bag and disposed of in the main bin.

Soiled nappies will be disposed of, unless they are reusable. If a parent uses reusable nappies their wishes will be accommodated to ensure continuity for the child and for environmental reasons.

The nursery aims to maintain a partnership with all parents and this is a really important partnership when a child is being trained in personal care. Parents will be asked for information about their child's progress in the area of personal care and plans for future development should be agreed.

Signed on behalf of the Management Committee:

..... Chairperson

This policy was updated by the Manager and staff and will be updated annually.  
Next due to be updated: September 2021

“Horspath Nursery is committed to safeguarding and promoting the welfare of children, families and staff at all times.”